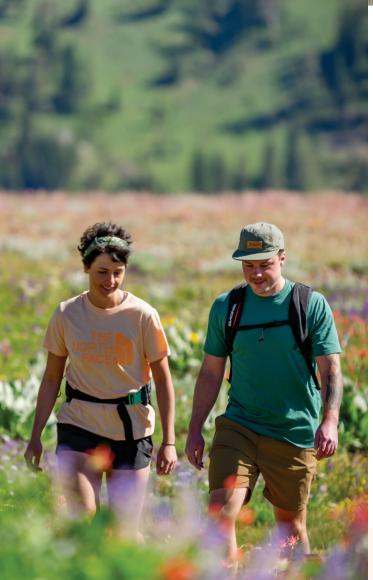
PALISADESTAHOE **Hiking and Activity Guide**



Palisades Tahoe Hiking Programs are

brought to you by The North Face[®]



Aerial Tram Operations

Open Daily: June 30–September 4

Open Weekends: Sept. 8-10, 15-17, 22-24, 29-30. Oct. 1, 6-8

Hours of Operation: 10am-4:20pm. Last download at 5pm Please be advised that Aerial Tram operations can be impacted by wind and weather.

Hikes. Talks & Activities

Walks, Talks & Activities are Free with Aerial Tram Ticket or Ikon Pass

Mountain Walks with a Naturalist: Offered daily* at 10:30am and 1:30pm at High Camp. Walk the High Camp meadow and learn about the plants, animals and geology that make this area special. *Not available on Fridays at 10:30am.

Naturalist Talks: Every Saturday & Sunday, at 11am and 1pm, meet on the deck at High Camp to learn about the natural history of Lake Tahoe and Olympic Valley.

Washoe Cultural Talks: Every Friday*, meet at the Aerial Tram at 9:15am to catch the 10am Tram. Join members of the Washoe Tribe at High Camp as they share stories of Washoe history and culture from the Valley and surrounding mountains. Special Aerial Tram tickets available. *June 30-August 25

Activities: High Camp Activities include dining, sightseeing, hiking, roller skating, disc golf, a playground and the Olympic Museum.

Kids Adventure Camp: For kids ages 5–13 we offer an adventure day camp that includes hiking, Aerial Tram rides, art projects, a playground and more. Available Monday–Friday. \$160/day.

Confirm Aerial Tram and Activities Schedule: All operations and schedules are weather dependent and subject to change Check palisadestahoe.com or call 1-800-403-0206.

For lodging and activity packages visit palisadestahoe.com or call **1-800-731-8021.** For all other information including hours of operation, please call 1-800-403-0206.

Hike with Care

Please stay on designated trails and roads and obey all posted signs.

Wear sturdy shoes or hiking boots. Carry plenty of water and a snack. Never drink directly from a stream.

Sudden weather changes are possible—carry a jacket and hat. Wear sunscreen, sunglasses and a brimmed hat to avoid sunburn. During thunderstorms, stay away from ridge tops, tall trees, lift towers and large rock outcroppings as they can attract lightning strikes.

Dogs are welcome on designated hiking trails. Please keep your dog on a leash on the Aerial Tram and in public areas in the base area and at High Camp. Pick up after dogs and dispose of waste in designated garbage cans. Do not let dogs disturb wildlife.

Please do not hike alone. It is fun and safer when done with a group.

Stay off chairlifts. During maintenance, lifts may start without warning.

No smoking. Fire danger in this area is high during summer months.

While rare, if you see a bear stop and quietly back away. Never approach a bear to take photos. They are wild and are unpredictable.

Be aware, company vehicles travel on Summer Road

Use caution. In case of emergency, dial "911". To contact Palisades Tahoe Security, call (530) 386-2538.

Thank you to our partners:







Visit us in The Village at Palisades Tahoe For hiking apparel including footwear and backpacks for everyone in the family.



PALISADESTAHOE.COM

Wildflowers

Palisades Tahoe provides many unique micro-environments that host numerous types of plants.

Trees

The trees common to the habitat in and around Palisades Tahoe are specially adapted to the soils that formed as a result of the weathering of granite and volcanic rock types.

There is a variety of wildlife at Palisades Tahoe.



These yellow flowers are very common throughout Lake Tahoe. The plants were given their name because of their long "mule ear" leaves.

Lupines at high elevations typically grow as dense ground cover and are a favorite food source for butterflies.

EAT RED PAINTBRUSH

These grow in grassy meadows, along streams and forest openings.

IPOSA LILY

This flower is common to drier areas of the Sierra and is well liked by bumblebees for its nectar.

This plant typically grows on exposed dry slopes and is yellow in the spring turning to an orange, ochre and then brown as summer turns to fall.

This plant is found on rocky slopes, ledges and ridges at high elevation above timberline.

ALIFORNIA SNOW FLOWER

This striking red flower emerges from the sometimes still snow-covered ground in early spring and throughout summer.

ALIFORNIA RED FIR

This tree is found at upper elevations. Its needles grow to about 1" and its cones are 8" long. This tree is home to numerous species of birds including nuthatches, woodpeckers and chickadees.

ESTERN WHITE PINE

These tall, straight trees can grow to 180' tall and 4' in diameter. They can be easily identified by their 5 needle clusters. Their cones are cylindrical and grow 5" to 12" long, thin and curved.

IFRRA JUNIPER

This tree is recognizable by its gnarled and twisted look. It grows on rocky outcrops with its roots growing into the crevices of granite.

ODGEPOLE PINE

This tree's wood is flexible and was once used by Native Americans to build teepees and lodges. These trees grow to 110' tall and can live 150 years. Lodgepole cones are small at 3" and are prickly.

FFRFY PINF

These trees live up to 500 years and grow up to 200' in height. Their cones are long and oval and their deeply furrowed bark has a distinct vanilla or pineapple odor.

These trees have an orange colored bark and their cones have sharp spines and are very prickly.

DUNTAIN HEMLOCK

This tree grows mostly in shaded and moist areas. They tend to have a purple hue when young which gradually darkens as the tree ages.



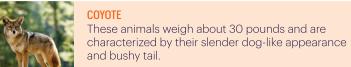
ELLOW-BELLIED MARMOT

Marmots live in grassy areas and dig burrows under rocks. They are the largest member of the groundhog family. They have a high pitched whistle that alerts other marmots of approaching predators.



UGLAS SOUIRREI

These squirrels are bushy tailed , gray and can grow up to 20" long. Their ears have tufts of hair at the tips. They have a high pitched chatter. Also commonly known as a Chickaree or Pine Squirrel.



and bushy tail.

CALIFORNIA BLACK BEARS

Bears are omnivores and are primarily nocturnal. Although called black they can be brown or cinnamon in color. They can swim, climb trees, and run up to 30mph. Keep your distance, especially around cubs. Don't feed or provoke them.

This forest dwelling grouse has a long square tail and forages on the ground or in trees for food. Deep hooting sounds can often be heard rom males.

IOUNTAIN COTTONTAIL

These rabbits are somewhat small. They have rounded ears at the tips that are relatively short, and a white-grey tail.

GOLDEN EAGLE

This powerful bird is North America's largest bird of prey with a wingspan of up to 7. They eat rabbits, marmots and squirrels, diving at speeds of up to 50mph. They are a protected species.



Easy to Moderate Hikes

High Camp Loop

This hike is approximately 1.23 miles with 224' of elevation gain/ loss, beginning from High Camp.

High Camp to the top of Gold Coast Chairlift via Siberia Ridge Road This hike is approximately .92 miles with 420' of elevation gain (one way).

The Village at Palisades Tahoe to Everline Resort via Trollstigen Trail. This is an easy base area hike from The Village at Palisades to

Everline Resort & Spa along the Trollstigen Trail and is less than one mile (one way).

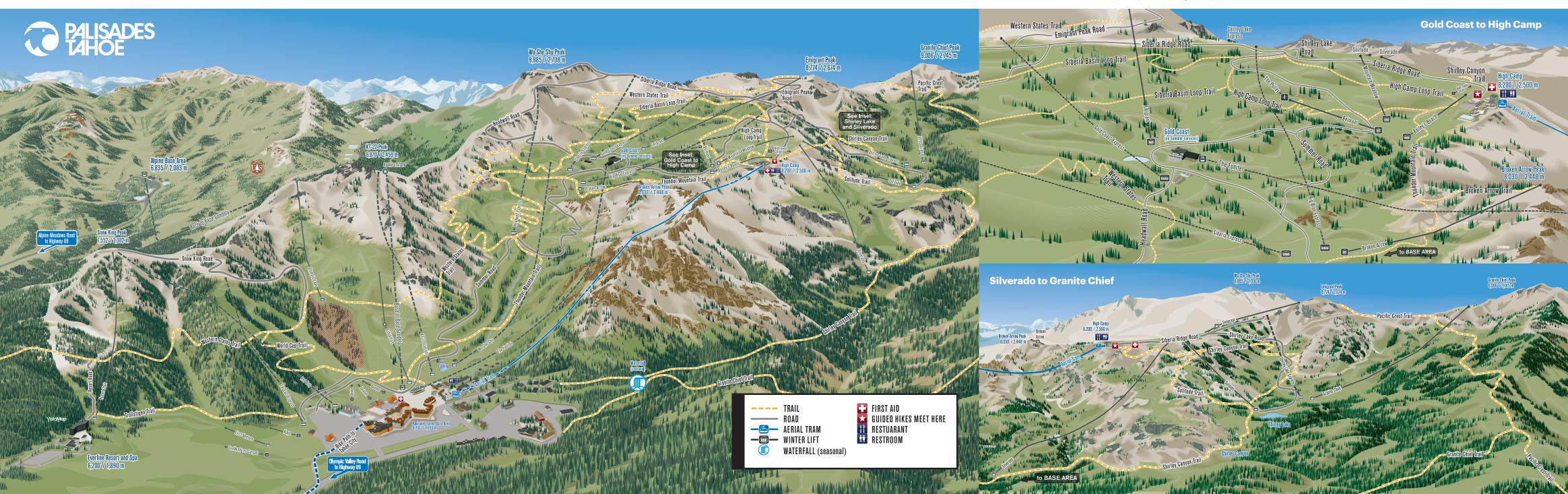
Moderate to Difficult Hikes

High Camp Loop to Siberia Basin Loop

This hike is approximately 2.3 miles with 619' of elevation gain/loss.

High Camp to the top of Emigrant Peak

This hike is approximately 1.38 miles with 683' of elevation change (one way).



High Camp to the top of the Palisades *via Siberia Ridge Road* This hike is approx. 2 miles with 844' of elevation change (one way).

High Camp to Shirley Lake via Shirley Canyon Trail

This hike is approximately 1.39 miles with 832' of elevation change (one way). There are relatively steep sections and loose rocks on the trail.

Difficult Hikes

Base Area to High Camp Hikes

These hikes involve challenging terrain and require a high level of fitness, wearing proper footwear and carrying plenty of water.

Shirley Canvon Trail

This is a 3.6 mile (one way) hike with 2,109' of elevation change and several steep and rocky sections. From Shirley Lake take the Solitude or Shirley Canyon Trail to High Camp.

Thunder Mountain Trail

This is a 3.2 mile (one-way) hike with 2,000' of elevation change that ends at High Camp. Begin at the bottom of the Wa She Shu lift. This trail winds up the mountain. Be aware of vehicles and do not hike on the road.